

VITAMIN CLINICAL REFERENCES



Title	Authors	Volume	Date	Journal	Group
Efficacy and safety of ginseng	Kitts DD., Hu C.	3 (4A) 473-485	2000	Public Health Nutrition	General
Association between the intake of vitamins and trace elements from supplements and C-reactive protein: results of the MONICA/KORA Augsburg study	Scheurig A C, Thorand B, Fischer B, Heier M, and Koenig W	62, 127-137	2007	European Journal of Clinical Nutrition	Heart
Importance of both folic acid and vitamin B12 in reduction of risk of vascular disease	Quinlivan E P, McPartlin, McNulty H, Strain J J, Weir D G and Scott J M	359:227-228	2002	The Lancet	Heart
Efficacy of vitamin B-6 in the treatment of premenstrual syndrome: systematic review	Wyatt Katrina M, Dimmock Paul W, Jones Peter W, and O'Brien P M Shaughn		318 1999	BMJ	Premenstrual
Hypovitaminosis D in a Sunny Country			340 1999	The New England Journal of Medicine	General
Evidence that Vitamin D3 increases serum 25-hydroxyvitamin D more efficiently than does Vitamin D2	Trang Hoang M, Cole David EC, Rubin Laurence A, Pierratos Andreas, Siu Shirley and Vieth Reinhold	68:854-8	1998	Am J Clin Nutr	General
Serum retinol levels and the risk of fracture	Michaelsson Karl, Lithell Hans, Vessby Bengt, and Melhus Hakan	348;4	2003	The New England Journal of Medicine	Negative
Vitamin A intake and hip fractures among postmenopausal women	Feskanich Diane, Singh Vishwas, Willett Walter C., Colditz Graham A.	287, No.1	2002	JAMA	Negative
Excessive dietary intake of vitamin A is associated with reduced bone mineral density and increased risk for hip fracture	Melhus Hakan, Michaelsson Karl, Kindmark Andreas, Bergstrom Reinhold, Holmberg Lars, Mallmin Hans, Wolk Alicja, and Ljunghall Sverker	Vol. 129, Issue 10	1998	Annals of Internal Medicine	Negative
Vitamin E may not prevent cancer or cardiovascular events, but may increase risk for heart failure			2005	JAMA	Negative
Can the sunshine vitamin shed light on type 1 diabetes	Norris Jill M		358 2001	The Lancet	Heart Health
Intake of vitamin D and risk of type 1 diabetes: a birth-cohort study	Hyponen Elina, Laara Esa, Reunanen, Jarvelin Marjo-Riitta and Virtanen Suvi M		358 2001	The Lancet	Heart Health
Vitamin D and reduced risk of breast cancer: a population-based case-control study	Knight Julia A, Lesosky Maia, Barnett Heidi, Raboud Janet M, and Vieth Reinhold	16(3)	2007	Cancer Epidemiol Biomarkers Prev	Cancer
The Complete German Commission E Monographs	Blumenthal M et al.		1998	American Botanical Council	General
Tyler's Honest Herbal	Foster S, Tyler VE.		1999	The Haworth Herbal Press	General
Rational Phytotherapy. A Physicians' Guide to Herbal Medicine	Schulz V, Haensel R, Tyler V.		2000	Berlin: Springer-Verlag	General
WHO Monographs on Selected Medicinal Plants	WHO	Vol 1	1999	World Health Org	General